



# Lunch Menu



**QUINTON HOUSE SENIOR SCHOOL**  
Week 1 – 6<sup>th</sup> January and 27<sup>th</sup> January | 24<sup>th</sup> February |  
17<sup>th</sup> March



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAINS	Cheesy Pepperoni Mac and Cheese  Three Cheese Mac and Cheese (V)	Crispy Chicken Slices served with a Katsu Curry Sauce  Quorn Dippers served with a Katsu Curry Sauce (V)	Pork and Choriza Jambalaya  Vegetable Jambalaya (V)	Minced Beef Lasagne al Forno  Roasted Mediterranean Vegetable Lasagne	Crispy Korean BBQ Wrap  Siracha Roasted Cauliflower, Cucumber, Spring Onion and Soft Taco (V)
SIDES	Sliced of Garlic Bread and Seasonal Side Salad	Steamed Rice and Stir Fried Asian Greens	Crisp Mixed Leaf Salad	Slice of Homemade Rosemary and Garlic Bread and Seasonal Side Salad	Chipped Potatoes, Kimchi Slaw, Mixed Salad
DESSERTS	Chocolate Sponge with Chocolate Sauce Fresh Fruit Pots, Flavoured Yogurt and Jelly Pots	Tiramisu Fresh Fruit Pots, Flavoured Yogurt and Jelly Pots	Traditional Apple Oatey Crumble with Fresh Custard Fresh Fruit Pots, Flavoured Yogurt and Jelly Pots	Homemade Shortbread Biscuit Fresh Fruit Pots, Flavoured Yogurt and Jelly Pots	Slice of Frosted Carrot Cake Fresh Fruit Pots, Flavoured Yogurt and Jelly Pots

## DAILY OPTIONS

### DAILY SPECIALS

Soup of The Day served with home-baked bread and home baked croutons  
Jacket potatoes with a choice of toppings.  
Selection of freshly prepared assorted Sandwiches, Rolls, Baguettes or Wraps

### PASTA BAR

Fresh pasta with a selection of hot sauces and grated cheese

### SALADS

Selection of freshly made, sustainable composite salads and variety of basic salads, grains, and proteins.

### CHILLED DESSERTS

Dessert pots, yoghurts, jellies, selection of fresh fruit.



# Lunch Menu



**QUINTON HOUSE SENIOR SCHOOL**  
Week 2 – 15<sup>th</sup> January | 5<sup>th</sup> February | 4<sup>th</sup> and 25<sup>th</sup> March |



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAINS	<p>Italian Style Beef Bolognese served with Spaghetti</p> <p>Italian Style Vegemince Bolognese served with Spaghetti (V)</p>	<p>Spicy Buffalo Chicken Thigh</p> <p>Spicy Buffalo Cauliflower Wings (V)</p>	<p>Minced Beef Chilli Con Carne</p> <p>Spicy Vegetable and Bean Chilli (V)</p>	<p>Chicken Rogan Josh</p> <p>Roasted Vegetable and Chick Pea Rogan Josh (V)</p>	<p>Pepperoni Pizza</p> <p>Margarita Pizza (V)</p>
SIDES	<p>Slice of Garlic Bread, Grated Parmesan Cheese and Steamed Broccoli</p>	<p>Savoury Rice, Buttered Sweetcorn and Red Slaw</p>	<p>Oven Baked Potato Wedges, Crispy Nachos, Fresh Coriander, Guacamole and Salsa</p>	<p>Pilau Rice, Poppadum's, Indian Sambals</p>	<p>Chipped Potatoes and Mixed Leaf Salad</p>
DESSERTS	<p>Square of Retro Sponge Cake</p> <p>Fresh Fruit Pots, Flavoured Yogurt and Jelly Pots</p>	<p>Vanilla Crispy Square</p> <p>Fresh Fruit Pots, Flavoured Yogurt and Jelly Pots</p>	<p>Baked Jam Sponge with Fresh Custard</p> <p>Fresh Fruit Pots, Flavoured Yogurt and Jelly Pots</p>	<p>Apple Oat Bite</p> <p>Fresh Fruit Pots, Flavoured Yogurt and Jelly Pots</p>	<p>Orange and Chocolate Chip Cookie</p> <p>Fresh Fruit Pots, Flavoured Yogurt and Jelly Pots</p>

## DAILY OPTIONS

### DAILY SPECIALS

Soup of The Day served with home-baked bread and home baked croutons  
Jacket potatoes with a choice of toppings.  
Selection of freshly prepared assorted Sandwiches, Rolls, Baguettes or Wraps

### PASTA BAR

Fresh pasta with a selection of hot sauces and grated cheese

### SALADS

Selection of freshly made, sustainable composite salads and variety of raw vegetables, grains, and proteins.

### CHILLED DESSERTS

Dessert pots, yoghurts, jellies selection of fresh fruit.

VE - vegan | V - vegetarian | halal



# Lunch Menu



QUINTON HOUSE SENIOR SCHOOL

Week 3 – 20<sup>th</sup> January | 10<sup>th</sup> February | 10<sup>th</sup> March | 31<sup>st</sup> March



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAINS	Pork Meatballs in a Fresh Tomato Sauce served with Penne Pasta  Penne Pasta in an Arrabiatta Sauce (V)	Szechuan Chicken and Oriental Vegetables  Szechuan Quorn with Oriental Vegetables (V)	Traditional Cottage Pie topped with Cheese  Shepherdess Pie topped with Cheese (V)	Tandoori Chicken Skewer  Tandoori Paneer and Vegetable Skewer (V)	Chip Shop Friday – Jumbo Sausage or Fish Fingers with Lemon and Tartare Sauce  Cheese and Onion Pasty (V)
SIDES	Homemade Paprika Bread and a Mixed Salad	Egg Noodles and a Mini Sprig Roll	Steamed Seasonal Vegetables and Fresh Gravy	Indian Spiced Rice, Picked Carrots and Raita and Naan Bread	Chipped Potatoes, Curry Sauce, Mushy Peas, Baked Beans,
DESSERTS	Syrup Sponge served with Fresh Custard Fresh Fruit Pots, Flavoured Yogurt and Jelly Pots	Chocolate Tiffin Fresh Fruit Pots, Flavoured Yogurt and Jelly Pots	Strawberry Cheesecake Fresh Fruit Pots, Flavoured Yogurt and Jelly Pots	Raspberry Yogurt Flapjack Muffin Fresh Fruit Pots, Flavoured Yogurt and Jelly Pots	Slice of Marble Cake Fresh Fruit Pots, Flavoured Yogurt and Jelly Pots

## DAILY OPTIONS

### DAILY SPECIALS

Soup of The Day served with home-baked bread and home baked croutons  
Jacket potatoes with a choice of toppings.  
Selection of freshly prepared assorted Sandwiches, Rolls, Baguettes or Wraps

### PASTA BAR

Fresh pasta with a selection of hot sauces and grated cheese

### SALADS

Selection of freshly made, sustainable composite salads and variety of raw vegetables, grains, and proteins.

### CHILLED DESSERTS

Dessert pots, yoghurts, selection of fresh fruit.

VE - vegan | V - vegetarian | halal