



SPRING MENU



WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP OF THE DAY	Homemade Vegetable Soup served with Freshly Baked Bread	Homemade Tomato and Basil Soup served with Freshly Baked Bread	Homemade Butternut Squash Soup served with Freshly Baked Bread	Homemade Spring Vegetable Soup served with Freshly Baked Bread	Homemade Leek and Potato Soup served with Freshly Baked Bread
MAIN	Cheesy Pepperoni Mac and Cheese	Katsu Chicken Curry with Katsu Curry Sauce	Pork Sausages with Fresh Gravy	Chilli Con Carne	Chicken Wrap
VEGETARIAN	Cheesy Mac and Cheese	Katsu Quorn Curry with Katsu Curry Sauce	Vegetarian Sausages with Fresh Gravy	Vegetable and Bean Chilli	Southern Fried Quorn Dipper Wrap
SIDES	Slice of Garlic Bread and Baked Beans	Steamed Rice and Green Beans	Creamed Mashed Potatoes, Glazed Carrots and Garden Peas	Steamed Rice, Crispy Tortilla Chips and Salsa	Chipped Potatoes, Sweetcorn and Mixed Salad
JACKETS	Jacket Potato, Butter Portions, Margarine Portions, Baked Beans, Grated Cheddar, Tuna Mayonnaise. Selection of Freshly Prepared Sandwiches, Rolls, Baguettes or Wraps				
DESSERT	Chocolate Sponge with Chocolate Sauce	Raspberry Tiramisu	Apple Oatey Crumble and Custard	Shortbread Biscuit	Slice of Frosted Carrot Cake
SALAD BAR	Yoghurt, Jellies or Fresh Fruit Pots				
	Pasta Salad and Quinoa	Greek Salad and Coleslaw	Cucumber, Orange and Beetroot Salad and Puy Lentils	Tomato, Red onion and Green Lentil Salad and Chickpeas	Bulgar Wheat Salad and Mixed Beans
	Tomato, Cucumber, Sweetcorn, Mixed Leaves, Sliced Peppers, Grated Carrots, Tuna, Grated Cheese, Sliced Ham, Roast Chicken, Boiled Eggs, Coleslaw, Selection of Dressings and Toppings				



SPRING MENU



WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP OF THE DAY	Homemade French Onion Soup served with Freshly Baked Bread	Homemade Green Giant Soup served with Freshly Baked Bread	Homemade Lentil Dhal Soup served with Freshly Baked Bread	Homemade Cream of Tomato Soup served with Freshly Baked Bread	Homemade Roasted Root Vegetable Soup served with Freshly Baked Bread
MAIN	Italian Style Beef Bolognese served with Spaghetti	Buffalo Chicken Thigh	Roast Gammon with Fresh Gravy	Chicken Rogan Josh and Steamed Rice	Pepperoni Pizza
VEGETARIAN	Italian Style Vegemince Bolognese served with Spaghetti	Buffalo Quorn Pieces	Individual Roasted Vegetable Tarts	Roasted Cauliflower and Chick Pea Rogan Josh and Pilau Rice	Margarita Pizza
SIDES	Slice of Garlic Bread and Steamed Broccoli	Savoury Rice and Sweetcorn	Yorkshire Pudding and Seasonal Vegetables	Poppadum's and Mango Chutney	Chipped Potatoes, Baked Beans or Peas
JACKETS	Jacket Potato, Butter Portions, Margarine Portions, Baked Beans, Grated Cheddar, Tuna Mayonnaise. Selection of Freshly Prepared Sandwiches, Rolls, Baguettes or Wraps				
DESSERT	Square of Retro Cake	Vanilla Crispy Square	Baked Jam Sponge served with Fresh Custard	Apple Oat Bite	Orange and Chocolate Chip Cookie
Yoghurt, Jellies or Fresh Fruit Pots					
SALAD BAR	Italian Leaves with Balsamic Dressing and Quinoa	Sweet Chilli Roasted Pepper Pasta Salad and Cous Cous	Tomato, Red Onion and Lentil Salad and Rice Salad	Potato and Chive Salad and Chickpeas	Mixed Bean Salad and Crispy Tortilla Chips
Tomato, Cucumber, Sweetcorn, Mixed Leaves, Sliced Peppers, Grated Carrots, Tuna, Grated Cheese, Sliced Ham, Roast Chicken, Boiled Eggs, Coleslaw, Selection of Dressings and Toppings					



SPRING MENU



WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP OF THE DAY	Homemade Tomato Soup served with Freshly Baked Bread	Homemade Spiced Chickpea Soup served with Freshly Baked Bread	Homemade Roasted Cauliflower Soup served with Freshly Baked Bread	Homemade Vegetable Soup served with Freshly Baked Bread	Homemade Tomato and Red Pepper Soup served with Freshly Baked Bread
MAIN	Pork Meatballs in a Fresh Tomato Sauce with Penne Pasta	Sliced BBQ Chicken Breast	Minced Beef Lasagne	Sweet and Sour Chicken with Oriental Vegetables	Hot Dog with Sauces
VEGETARIAN	Pasta Penne in a Fresh Tomato Sauce	BBQ Quorn Pieces	Roasted Vegetable Lasagne	Sweet and Sour Tofu with Oriental Vegetables	Vege Hot Dog with Sauces
SIDES	Garlic Bread and Side Salad	Baked Potato Wedges, Peas and Sweetcorn	Seasonal Side Salad	Egg Fried Rice and Mini Pancake Roll	Chipped Potatoes and Mini Corn on the Cob
JACKETS	Jacket Potato, Butter Portions, Margarine Portions, Baked Beans, Grated Cheddar, Tuna Mayonnaise. Selection of Freshly Prepared Sandwiches, Rolls, Baguettes or Wraps				
DESSERT	Syrup Sponge with Fresh Custard	Chocolate Tiffin	Strawberry Cheesecake	Raspberry and Yogurt Flapjack Muffin	Marble Cake
	Yoghurt, Jellies or Fresh Fruit Pots				
SALAD BAR	Cucumber, Orange and Beetroot Salad and Quinoa	Pasta Salad or Cous Cous	Greek Salad and Puy Lentils	Beetroot, Spinach and Soy Bean Salad and Chick Peas	Tomato, Red Onion and Green Lentil Salad and Mixed Beans
	Tomato, Cucumber, Sweetcorn, Mixed Leaves, Sliced Peppers, Grated Carrots, Tuna, Grated Cheese, Sliced Ham, Roast Chicken, Boiled Eggs, Coleslaw, Selection of Dressings and Toppings				